Information for the user Salbutamol (100mcg) tablets

Salbot Inhaler

Salbutamol (100mcg) Inhaler

Composition:

Each metered dose delivers:

• Salbutamol BP ... 100 mcg

Pharmacological Action:

Salbutamol is a **short-acting beta-2 adrenergic agonist (SABA)** that provides rapid relief from bronchospasm and airway obstruction. Its therapeutic effects include:

- **Bronchodilation**: Relaxes bronchial smooth muscle, improving airflow and reducing breathing difficulty in conditions like **asthma** and **COPD**.
- **Fast-Acting Relief**: Provides **quick onset of action within 5 minutes**, making it effective for acute asthma attacks and exercise-induced bronchospasm.
- **Airway Protection**: Reduces airway hypersensitivity, preventing bronchospasm caused by allergens or irritants.

Indications:

Salbutamol 100mcg inhaler is indicated for:

- Acute and Chronic Asthma
- Chronic Obstructive Pulmonary Disease (COPD)
- Exercise-Induced Bronchospasm (EIB)

Dosage and Administration:

- For Acute Asthma or COPD Symptoms:
 - o Adults & Children (above 4 years): 1–2 puffs every 4 to 6 hours, as required.
 - o Maximum: **8 puffs in 24 hours** (as per physician's advice).
- For Exercise-Induced Bronchospasm:
 - o 2 puffs 15–30 minutes before exercise.

Instructions for Use:

- 1. Shake the inhaler well before use.
- 2. Exhale fully, then place the mouthpiece between the lips.
- 3. Inhale deeply while pressing down the canister to release a dose.

- 4. Hold your breath for **10 seconds**, then exhale slowly.
- 5. Wait **30–60 seconds** before taking a second puff if needed.

Precautions:

- Avoid overuse, as excessive use may lead to paradoxical bronchospasm or reduced effectiveness over time.
- Use with caution in patients with heart disease, hypertension, diabetes, hyperthyroidism, or seizures.
- Seek medical attention if symptoms worsen or if relief is inadequate.

Contraindications:

- Hypersensitivity to salbutamol or other beta-agonists.
- Patients with severe cardiac arrhythmias unless directed by a physician.

Adverse Reactions:

- Common: Tremors, headache, palpitations, dry mouth, throat irritation.
- **Serious but Rare**: Paradoxical bronchospasm, chest pain, irregular heartbeat, allergic reactions.

Drug Interactions:

- Avoid **beta-blockers** (**e.g.**, **propranolol**) as they may reduce the effectiveness of salbutamol.
- Caution when combined with **diuretics**, **corticosteroids**, **and xanthine derivatives** due to the risk of hypokalemia.

Storage:

- Store at room temperature (below 30°C), protected from direct sunlight and heat.
- Keep away from children.

Manufactured in India for:

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)
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